

We Understand

At Southgate Senior Living, we understand how difficult the decision for long-term care is. We do everything we can to alleviate the stress and doubt that you feel when you decide to move your elderly loved one from their home. When you choose Southgate Senior Living, you are doing what is best for them. Southgate Senior Living is a wonderful place to call home!



Community Information

- Locally Owned and Operated
- Onsite Concierge-Style Therapy Services
- 47 units that vary in size and layout, and resident has choice of available units in their desired price range
- Access to a spacious, fully enclosed, outdoor courtyard
- Meals, housekeeping, and laundry are just a few of the services we provide at no extra cost
- We are pet-friendly!
- Serving Southern Illinois and Western Kentucky

Pricing

At Southgate Senior Living, there is never a buy-in fee or long-term lease. Rents are payable monthly.

Retirement Apartments

Apartment Type	Approx Sq Ft	Monthly Service Fee
Studio	330	Starting at \$1855
1 Bedroom	535	Starting at \$2050
2 Bedroom/1 Bathroom	760	Starting at \$2500
2 Bedroom/2 Bathroom	868	Starting at \$2800
Second Person Fee		\$300

*Monthly rates are based on apartment type and additional services.

**Security deposit of \$1000 is due at time of Rental Agreement signing. In the event that you decide not to move in, a full refund of deposit will be available if we are notified within 15 days. After 15 days, one \$500 of deposit will be refunded. There is a non-refundable \$500 deposit for pets required before move-in.



SOUTHGATE SENIOR LIVING

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Find Us on Facebook!



SOUTHGATE SENIOR LIVING



We care for them like
they cared for you.

Our Commitment

... we care for them like they cared for you.



Our family-owned community focuses on the well-being of our residents. We want you to know that we are personally committed to provide a safe, caring environment. At Southgate

Senior Living, all of your loved one's needs will be met and we assure you that they will be cared for like they cared for you. You see, we are more than a retirement community, we are a family. Our family has been caring for loved ones in Southern Illinois and Western Kentucky for over 50 years . . . we know we have a reputation to live up to.

—Sam Thompson, President

Our Employees

We are proud of our employees. They have a commitment, warmth and real love for elderly people. Not only is our quality of care exceptional, so is our quality of caring. At Southgate Senior Living, we are fortunate to have a staff with HEART. Because we are a "family," our employees stay for many years, which allows us to provide a stable environment and quality care for your loved one. Our employees have a passion for their job and compassion for our residents.



Our Services and Programs

The services and programs offered here are designed to keep our residents as confident, stimulated, happy, and independent as possible. You will have peace of mind knowing that your loved one is well taken care of.



Meals

Meals are homemade with a variety of options available with a buffet style setting for three meals per day. We will do our best to accommodate any special needs that your loved one may have.

Entertainment

Our activity staff works hard to keep our residents stimulated with games, exercise, and music. We love to have residents' families come and have fun with us.

- Guest Bands & Music Groups
- Crafts
- Board Games
- Weekly Bible Study
- Holiday Parties
- Birthday Parties

Outings

Southgate Senior Living provides transportation to take our residents out into the community so that they can interact with other organizations. When weather permits, our staff enjoys taking the residents on picnics.

In-House Services

- Beautician/Barber
- Medication Assistance/Reminders
- Crafts, Planting Flowers, Bingo, Movie Day

Concierge-Style Therapy Services



We are pleased to announce the partnership between Southgate Senior Living and ONR, Inc., a national

leader in rehabilitation services. It is our goal to provide therapy services that will serve our residents. The program offered by this partnership will complement our community's commitment to serving the healthcare needs of residents.

TOUCH is an onsite therapy program designed to help promote independence for residents by offering individualized care and access to our specialized programs, which include three TOUCHstones:

Education

Addresses health and care issues that seniors face daily and can include health living lectures, wellness clinics, health fairs and screenings, staff and caregiver training, support groups and community presentations.



Fitness and Wellness

Programs designed to keep residents healthy for enhanced independence and quality of life and to allow them to age in place. May include working with a personal trainer, yoga, massage therapy, tai chi or other specialized exercises.



Rehabilitation

Onsite personalized, resident-centered physical, occupational and speech therapy services.

